

Victory Collegiate Academy | Local Wellness Policy, Implementation Plan

The following plan delineates actions, roles, and timelines to address general implementation requirements, as well as actions aligned to our goals.

General Conduct a self-assessment of school wellness programs or activities; identify trends and needs Committee Commi	Action Step	Responsible	Expected Outcome	Timeframe		
wellness programs or activities; identify trends and needs Review self-assessment and revise Wellness Policy and implementation plan Coordinate with food vendor/food services to review menus, nutrition guidelines, etc. and confirm compliance Secure and provide training to all school nutrition staff, including on how to appropriately encourage students to "complete the meal" Ensure the school website is updated to include the current Wellness Policy and notify all stakeholders of the location of the published Wellness Policy on the school website Nutrition Promotion Participation in meal programs is encouraged as appropriate (School Breakfast, National School Lunch). Develop and implement student/parent/family communication plan for school meal program offerings, including any application programs; include information about school meal programs Update new student registration packets to include the west the sudent parents aware of programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Update processes for enrolling students who transfer during the year to include programs offered Upd	General					
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	and a received procession at teathing		opportunities listed	55		

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opportunities for instructional staff on			
addressing nutrition in their curriculum			
Nutrition education is taught through other s	ubjects like math	, science, language art	ts, social
sciences and electives.		G. 661	
Establish and communicate expectations for	Administrator	Staff know	Quarter 1
incorporating nutrition education in the		expectations for	
curriculum (i.e., frequency by		addressing nutrition	
grade/subject, topics, etc.)		education	
Develop unit/lesson plans and/or activities	Teachers	Unit/lesson plans	Ongoing
to teach nutrition in other subject areas;		developed and	
implement units/lessons/activities		taught	
Physical Activity			
Physical activity during the day (including but			cal activity
breaks, or physical education) is not used or			1 -
Evaluate discipline practices and their	Discipline and	Staff know	Quarter 1
impact on opportunities for physical	Wellness	when/how	
activities	Committee	discipline practices	
		interfere with	
	5	physical activity	
Revise discipline policies and practices to	Discipline and	Discipline practices	Quarter 2-3
eliminate interference with physical	Wellness	do not interfere	
activity opportunities	Committee	with physical	
		activity	
	5	opportunities	0
Develop and implement staff training and	Discipline and	Training and	Quarter 4
buy-in plan for use of revised practices the	Wellness	communication	
following school year	Committee	plan developed	
Inventories of physical activity supplies and e			
with community partners to ensure sufficient		aipment are available	to encourage
physical activity for as many students as poss		lavaantami saamalata	0
Inventory athletic/physical activity	Athletic	Inventory complete	Quarter 1-2
equipment and identify needs	Director	Chaff language	0
Create and communicate process for staff/teachers to communicate needs or	Athletic	Staff know process	Quarter 1-2
	Director		
requests	Athlatia	Cufficions	Ongoing
Seek donations and/or additional	Athletic	Sufficient	Ongoing
equipment as needed	Director	equipment available	
Other School Based Activities to Promote W	/ollnoss	avaitable	l
		luding physical activity	and health:
School-sponsored events incorporate wellness	s components inc	tuding physical activity	and nealthy
eating opportunities.	Administrator	Staff aware of	Ouartor 1
Compile and distribute resources for	Administrator		Quarter 1
teachers, coaches, sponsors, etc. of healthy		resources	
incentives, fundraising, etc.	Administrator	Cuidolinos	Quarter 1-2
Establish expectations or guidelines (i.e.,	or Events and	Guidelines	Quarter 1-2
requirements, exceptions) for inclusion of	Wellness	developed	
healthy eating/physical activity in school sponsored events (e.g., assemblies, dances,	Committee		
club meetings/events)	Committee		
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Revise processes for requesting/approving school-sponsored events to reflect new expectations/guidelines; communicate with event sponsors/staff	Administrator or Events and Wellness Committee	Request/approval processes for events require addressing how events will meet guidelines	Quarter 3		
The benefits of and approaches to healthy eating and physical activity are promoted to parents/caregivers, families, and the general community throughout the school year (i.e. the school provides information about nutrition and physical activity to parents throughout the year).					
Conduct an audit of opportunities (e.g., newsletters, parent nights, events) to provide wellness information to parents/families	Administrator	List of opportunities created	Quarter 1		
Form a parent committee to own promotion of wellness to parents/caregivers; set purpose, expectations, parameters with committee	Administrator	Committee established and members know purpose, goals	Quarter 2		
Create a list of topics (e.g., balanced meals; games that promote being active) and develop the content (i.e., material), method (e.g., video link in e-newsletter; inviting local rec center to open houses), and schedule for sharing information with parents in upcoming school year	Wellness Promotion Committee	Plan with content, method, and target date/event created	Quarter 3-4		

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